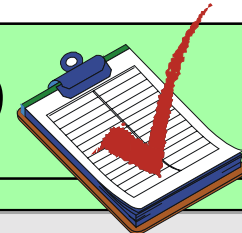


# CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

July 23, 2001

## NEWS BRIEFS

### CHECK OUT INTRANET

Looking for the latest in CHS procedures or policy? Check out the CHS intranet at <http://chsnet:2001/>. It contains dozens of listings on personnel, purchasing and procurement procedures. This is a handy guide for any employee.



TIP OF  
THE  
WEEK

Bicycles, skateboards and in-line skates make for a great outdoor fun, but injuries associated with these sports can be serious. Medical research shows that nearly 90 percent of brain injuries sustained in bicycle accidents could be prevented with the use of a helmet.

For a helmet to do its job, it must fit well and be properly adjusted. Other outdoor injuries occur on the playground when children fall from equipment like a jungle gym or slide.

Make sure outdoor play equipment is in good condition, and supervise young children while they are playing.

## CHS State Fair Exhibit A Real Circus

Design and construction of CHS's State Fair exhibit is well underway with the theme *Life's a Three-Ring Circus: Be Healthy & Perform Well*.

This year there are three rings for fairgoers to visit — children, adolescents and adults. The CHS exhibit has something for everyone and just as last year, it's interactive and colorful. The fair is Aug. 16-26.

The children's ring focuses primarily on early childhood development with HANDS — Kentucky's Health Access Nurturing Development Services, the Commission for Children With Special Health Care Needs, Mental Health-Mental Retardation Services and product safety.

The adolescent's ring offers tobacco prevention and cessation, substance abuse prevention, and sun exposure prevention. The adult ring features food safety, community supports, aging services, indoor air quality, milk safety, cardiovascular disease, glucose and

cholesterol screenings, salt and fast food fat fact displays, and 1-percent milk. KyCARES is also part of our exhibit this year.

The single greatest success of last year's *Garden of Good Health* was the enthusiasm and hard work of CHS employees who staffed the booth. If you are interested in making the 2001 CHS booth a *must see event* at the State Fair, please contact Barbara Gordon, Aging Services; Jennye Grider, Public Health; Mickey Smith, Public Health; Milly Noonan, Public Health; Sarah Lyons New, CCSHCN; Susan Tatum, MHMR; Scott Swinney, Medicaid; or Janis Stewart, Communications. For more information, call the Office of Communications at 564-6786.



## Birthday Brunch Planned For Strategic Plan

Let's get excited! We're setting aside some time next Tuesday morning, July 31, for a "Birthday Brunch" in the cafeteria of the CHR Building to celebrate completion of the first stage of Strategic Planning,



and we'd love for you to join us. Be sure to schedule a few minutes to stop by and celebrate with us!! Keep your calendar open, and watch for more details in the July 30 issue of the CHS Checkup.

## Nominations Sought for Women Remembered Exhibit

The Kentucky Commission on Women will accept year 2002 nominations for the Kentucky Women Remembered Exhibit until October 8, 2001.

Nominees should reflect the outstanding or significant contributions that women have made or are continuing to make to Kentucky through their work or life accomplishments. Those selected by a panel of Commission members will be honored by having their portrait permanently exhibited in the State Capitol. The unveiling of these new portraits will take place in the Capitol Rotunda during Women's History Month in March 2002.

The Kentucky Commission on Women initiated this exhibit in 1978 to promote awareness of women who have, with courage, ability, and determination, accomplished what might have seemed

impossible in their time.

Realizing there were very few images of women in the Capitol, Governor Paul Patton and First Lady Judi Patton worked with the Kentucky Commission on Women and in 1996 these valuable portraits were placed on permanent exhibit in the northwest wing of the Capitol. Thirty-one portraits of outstanding Kentucky women currently hang on the walls for thousands of people who visit our Capitol to view.

Help us to recognize other outstanding women in Kentucky. Nominate a woman from your area. For nomination requirements and further information, call or write: Kentucky Commission on Women KY Women Remembered Exhibit 404 Ann Street Frankfort, KY 40601 (502) 564-6643 FAX (502) 564-2315.

## Kentucky Employees Charitable Campaign Being Planned

Plans are underway for the Kentucky Employees Charitable Campaign.

The coordinator for CHS is George Graham of the Department for Medicaid Services. Assisting in the campaign are coordinators from various departments within CHS: Dan Flaherty, Dave Johnstone, Deanna Perkins Cris Sparks,

Caroline Kiesel, Brenda Rice, Pat Mathes, Susan Tatum and Garry Weston. The official Tip-Off for the campaign is Aug. 22. The campaign activities for CHS are being planned.

Look for more information in the Check Up about CHS activities and goals.

## Parking Garage Entry Limited Due To Work

Due to construction work done by the Frankfort Plant Board on Old Lawrenceburg Road, entering and exiting the Capitol Parking Garage can only be done by using the ramps at the top level of the parking garage.

This work is expected to be completed by Aug. 8.

## New Web Site Assists Seniors With Benefits

More than five million seniors are currently missing out on hundreds of state and federal benefits programs, but a new Web site launched in June by the National Council on the Aging can help.

BenefitsCheckUp.org is the first of its kind, web-based service designed to help seniors, their families and caregivers find the right benefits programs to meet their needs. The site contains a fast, free and confidential screening tool to determine eligibility for nearly 1,000 unique state and federal programs and provide detailed instructions on how to apply for them.

More than three million seniors are eligible for, but do not receive food stamps; 1.2 million elderly are eligible for but do not participate in the Supplemental Security Income program and as many as 3 million eligible seniors do not participate in Medicaid. According to the NCOA, 29 states have underutilized pharmacy assistance.

The CHS Checkup is a newsletter for employees of the Kentucky Cabinet for Health Services. Please direct contributions or comments to the Office of Communications, 502-564-6786. View newsletters at the CHS website at: <http://chs.state.ky.us/> Printed with state funds.

